

"One Another" Self-Evaluation & Growth Plan

Part 1: Identifying Vulnerabilities (The Sinful "One Anothers")

Instructions: Read the verses associated with each behavior. Prayerfully ask yourself if you have struggled with this recently. Mark the areas where you feel most vulnerable.

Vulnerable?	Behavior	Scripture Reference
☐	Lusting for one another	Rom. 1:27
☐	Judging one another	Rom. 14:13
☐	Depriving one another	1 Cor. 7:5
☐	Biting one another	Gal. 5:15a
☐	Devouring one another	Gal. 5:15b
☐	Destroying one another	Gal. 5:15c
☐	Provoking one another	Gal. 5:26a
☐	Envyng one another	Gal. 5:26b
☐	Lying to one another	Col. 3:9
☐	Hating one another	Titus 3:3

☐	Slandering one another	James 4:11
☐	Grumbling against one another	James 5:9

Part 2: Identifying Weaknesses (The Spiritual "One Anothers")

Instructions: Review the commands below. Mark the areas where you feel you are currently the weakest or least active.

Weakest?	Command	Scripture Reference
☐	Being devoted to one another	Rom. 12:10a
☐	Honoring one another	Rom. 12:10b
☐	Being of the same mind	Rom. 12:16; 15:5
☐	Loving one another	Rom. 13:8; 1 John 3:11, etc.
☐	Edifying one another	Rom. 14:19
☐	Accepting one another	Rom. 15:7
☐	Instructing one another	Rom. 15:14
☐	Greeting one another	Rom. 16:16

☐	Waiting for one another	1 Cor. 11:33
☐	Caring for one another	1 Cor. 12:25
☐	Serving one another	Gal. 5:13
☐	Carrying one another's burdens	Gal. 6:2
☐	Bearing with one another	Eph. 4:2; Col. 3:13
☐	Being kind to one another	Eph. 4:32
☐	Submitting to one another	Eph. 5:21
☐	Esteeming one another	Phil. 2:3
☐	Encouraging one another	1 Thes. 5:11
☐	Confessing sins to one another	James 5:16a
☐	Praying for one another	James 5:16b
☐	Offering hospitality	1 Peter 4:9
☐	Fellowshipping with one another	1 John 1:7

Part 3: The Action Plan

Instructions: Select one "Sinful One Another" to eliminate and one "Spiritual One Another" to strengthen. Complete the plan below.

A. Eliminating the Vulnerability

1. Confession:

- *I confess that I have struggled with:* _____
- *Specific situations that trigger this sin:* _____

2. Scripture Defense:

- *Write out a verse to memorize when tempted:*

3. Replacement Action:

- *Instead of [Sinful Behavior], I will choose to:*

B. Strengthening the Weakness

1. Practical Application:

- *The specific "Spiritual One Another" I want to grow in:*

- *Three concrete actions I will take this week to practice this:*
 1. _____
 2. _____
 3. _____

2. Prayer Focus:

- *My prayer request for God's help in this area:*
