

REFORM WORKSHEET – Building New Rhythms of Faithfulness

Name: _____

Date: _____

Objective: To identify areas where we have relied on willpower or "cleaning house" without building the necessary support systems, and to design new rhythms that make faithfulness inevitable.

PART 1: The Vacuum Principle

The Principle: *"If you only cut down, the old weeds will eventually grow back."*

Context: King Josiah realized that purging the idols wasn't enough. If he left a vacuum, the idolatry would return. He had to fill the void with God-honoring structures, like the Passover.

1. Personal Reflection:

Can you identify a time in your life when you "won the war but lost the peace"? (For example: You stopped a bad habit for a month, but because you didn't replace it with a new positive habit, the old one returned).

2. Corporate Reflection:

Look at your ministry or church. Are there areas where you have "cleaned house" (stopped a program, changed leadership, or reorganized) but haven't yet built a durable structure to replace it?

PART 2: Systems Check – Intentions vs. Reality

The Principle: “You don’t rise to the level of your goals, you fall to the level of your systems.” — Dr. Mark Denison

Context: The British Cycling team didn't just want to win; they reformed the "invisible structures" of their lives—testing pillows, teaching hand-washing, and keeping the team truck spotless to avoid dust on the bikes .

1. The "Good Intention" Audit:

List one area where you (or your team) have high intentions to succeed, but consistently produce mediocre results.

2. Environmental Scan:

Like the cycling team, look at the environment surrounding that struggle. What "invisible structures" are working against you? (Examples: Is your schedule too crammed? Is the budget misaligned? Is the physical space chaotic?)

PART 3: Action Plan – The Aggregation of Marginal Gains

The Principle: *“If you break down everything... and then improve it by just 1 percent, you will get a significant increase.”*

A. Personal Reform

Choose one specific habit to reform (e.g., prayer, generosity, health).

The Goal:

The System Change:

What is one small, specific change you can make to your environment or schedule to make this habit inevitable? (Do not write "try harder." Write how you will "change the setup.")

B. Corporate Reform

"A church's true values are revealed not by its mission statement, but by its budget and its calendar."

Calendar/Budget Audit:

Look at your church calendar or budget. Does it reflect a priority on disciple-making, or just maintaining activity? What is one specific item that needs to be added or removed?

Pathway Reform:

Do you have a clear process to move someone from a "guest" to an "engaged family member"? If not, what is the very first step you need to take to build that pathway?

Closing Prayer

Lord, help us not just to tear down idols, but to build holy rhythms in their place. Give us the wisdom to see the broken systems in our lives and the courage to reform them. May our habits, our calendars, and our budgets tell the true story of our devotion to You. Amen.